

# ***BOYS – 2025 Section 1A Qualifying Standards***

*There are three different ways to qualify for the Section 1A Championships:*

**At each of the three Sub-Section meets:**

The top four (4) place-finishers in each event, including relays, advance automatically to the Section 1A meet. *Automatically qualifying relay teams increased to three, up from two, beginning in 2004. Realignment reduced number of Sub-sections down to 3 (from 4), beginning in 2023. Top 4 place-finishers now advance.*

Any performances that meet or better the established standard for each event will also advance. (A standard qualifying performance must be during the **finals** of a running event. Field event qualifiers are exempt.) These standards are derived by averaging the efforts of the 8<sup>th</sup> place finishers (if a running event had prelims, those efforts are used) from Section 1A meets of the previous three years. *(This standard was revised in 2025 from 6<sup>th</sup> to now averaging 8<sup>th</sup> place -- to more closely mimic what State uses as the final place-winner).*

Additionally, athletes/relay teams will advance to the Section 1A Championships if their efforts (during the **finals** of Sub-Section competition) rank among the top eight (8) of all three Sub-Sectional meets combined. *This method will be much less prevalent than was prior to 2025, but still possible.*

	<u>2022</u>	<u>2023</u>	<u>2024</u>	* <u>FAT</u>	<u>hand-held</u>
100 meter Dash	11.99	11.78	11.75	<b>11.84</b>	11.6
200 meter Dash	24.18	23.83	23.61	<b>23.87</b>	23.7
400 meter Dash	53.82	52.77	52.96	<b>53.18</b>	53.0
800 meter Run	2:07.16	2:05.12	2:09.59	<b>2:07.29</b>	2:07.1
1600 meter Run	4:58.51	4:59.19	4:57.20	<b>4:58.30</b>	4:58.1
3200 meter Run	10:20.57	11:06.34	10:35.89	<b>10:40.93</b>	10:40.7
110m High Hurdles	17.84	18.63	16.93	<b>17.80</b>	17.6
300m Int. Hurdles	44.78	44.44	43.45	<b>44.22</b>	44.0
4x100 meter Relay	46.59	45.89	45.94	<b>46.14</b>	45.9
4x200 meter Relay	1:36.33	1:38.35	1:36.15	<b>1:36.94</b>	1:36.7
4x400 meter Relay	3:38.37	3:39.97	3:36.17	<b>3:38.17</b>	3:38.0
4x800 meter Relay	9:00.02	9:03.99	8:47.65	<b>8:57.22</b>	8:57.0
Shot Put	42' 3.25"	42' 6.75"	45' 5.25"	<b>43' 5"</b>	
Discus	117' 1"	119' 5"	141' 8"	<b>126' 0"</b>	
Long Jump	19' 7"	19' 5.25"	19' 3.25"	<b>19' 5"</b>	
Triple Jump	38' 5"	37' 10.50"	38' 10.50"	<b>38' 4"</b>	
High Jump	5' 7"	5' 10"	5' 10"	<b>5' 9"</b>	
Pole Vault	11' 3"	10' 11"	10' 4"	<b>10' 10"</b>	

# GIRLS – 2025 Section 1A Qualifying Standards

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## At each of the three Sub-Section meets:

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Additionally, athletes/relay teams will advance to the Section 1A Championships if their efforts (during the **finals** of Sub-Section competition) rank among the top eight (8) of all three Sub-Sectional meets combined. *This method will be much less prevalent than was prior to 2025, but still possible.*

	<u>2022</u>	<u>2023</u>	<u>2024</u>	* <u>FAT</u>	<u>hand-held</u>
100 meter Dash	13.55	13.36	13.29	<b>13.40</b>	13.2
200 meter Dash	27.87	27.62	27.31	<b>27.60</b>	27.4
400 meter Dash	1:04.33	1:05.06	1:03.94	<b>1:04.44</b>	1:04.2
800 meter Run	2:28.92	2:31.96	2:33.35	<b>2:31.41</b>	2:31.2
1600 meter Run	5:52.03	5:47.24	5:46.40	<b>5:48.56</b>	5:48.4
3200 meter Run	12:41.63	12:59.52	12:32.59	<b>12:44.58</b>	12:44.4
100m Hurdles	18.02	17.77	17.13	<b>17.64</b>	17.4
300m Hurdles	50.67	50.54	49.63	<b>50.28</b>	50.1
4x100 meter Relay	52.94	52.86	52.62	<b>52.81</b>	52.6
4x200 meter Relay	1:53.71	1:50.51	1:50.73	<b>1:51.65</b>	1:51.5
4x400 meter Relay	4:23.26	4:19.14	4:19.05	<b>4:20.48</b>	4:20.3
4x800 meter Relay	10:42.44	10:51.62	10:42.61	<b>10:45.56</b>	10:45.4
Shot Put	31' 0.50"	33' 2.25"	31' 11"	<b>32' 0"</b>	
Discus	95' 6"	98' 0"	98' 7"	<b>97' 4"</b>	
Long Jump	15' 10.50"	16' 2.75"	16' 2"	<b>16' 1"</b>	
Triple Jump	32' 2.50"	32' 2.75"	34' 2.75"	<b>32' 10"</b>	
High Jump	4' 9"	4' 10"	4' 9"	<b>4' 9"</b>	
Pole Vault	7' 10"	8' 8"	8' 7"	<b>8' 4"</b>	