

2024 MSHSL (Section 1A) - Sub-section 3

Track & Field Championships

hosted by Pine Island

Results - Sub-Section 3

Girls 100 Meter Dash Class A

Sub-3 Record: 12.73 M 5/24/2023 Jackie Cole

1A Standard: 13.30 *

Name	Yr	School	Finals
Finals			
1 Jackie Cole	12	Medford	12.29M 10
2 Hayley Lentsch	12	Kenyon-Wanam	12.58M 8
3 Reighley Sorum	11	Pine Island	12.85* 6
4 Autumn Reese	10	Zumbrota-Maz	13.13* 5
5 Elena Hartung	11	Pine Island	13.16* 4
6 Zoe Njus	11	Pine Island	13.18* 3
7 Paige Luhman		Lake City	13.30* 2
8 Devon Root	11	Randolph	13.62 1
9 Mikayla Scharpen	10	Zumbrota-Maz	13.63
10 Madi Jeppesen	9	Cannon Falls	13.85
11 Kylie Peck	12	Wabasha-Kell	13.89
12 Macy Mohn	10	Randolph	13.90
13 Delilah Benjamin	10	Lake City	14.03
14 Holly Carlstrom	10	Kenyon-Wanam	14.07
15 Lila Huschle	9	Kenyon-Wanam	14.27
16 Ashley Emerson	12	Lake City	14.96
17 Ella Gerster	9	Randolph	15.08
18 Maria Jones	8	Medford	15.26
19 Ella Fuchs	12	Wabasha-Kell	16.70

Girls 200 Meter Dash Class A

Sub-3 Record: 26.10 M 5/24/2023 Jackie Cole

1A Standard: 26.87 *

Name	Yr	School	Finals
Finals			
1 Jackie Cole	12	Medford	26.29* 10
2 Hayley Lentsch	12	Kenyon-Wanam	26.39* 8
3 Lyndee Northrop	11	Pine Island	28.18 6
4 Maria Sholing	9	Wabasha-Kell	28.37 5
5 Autumn Reese	10	Zumbrota-Maz	28.63 4
6 Madi Jeppesen	9	Cannon Falls	29.23 3
7 McKinley Sorum	9	Pine Island	29.32 2
8 Emily Gates	11	Lake City	29.36 1
9 Devon Root	11	Randolph	29.41
10 Aleaya Becker	8	Wabasha-Kell	29.45
11 Shelby Berktoold	10	Lake City	29.49
12 Lila Huschle	9	Kenyon-Wanam	29.86
13 Mikayla Scharpen	10	Zumbrota-Maz	29.96
14 Zoey Beltz		Lake City	30.56
15 Holly Carlstrom	10	Kenyon-Wanam	31.01
16 Maddyn Alexander	8	Randolph	31.48
17 June Lizarralde	11	Pine Island	31.50
18 Adelynn Haugen	10	Randolph	33.45
19 Trinity Akre	10	Wabasha-Kell	34.17

Girls 400 Meter Dash Class A

Sub-3 Record: 1:00.25 M 5/24/2023 Hayley Lentsch

1A Standard: 1:02.47 *

Name	Yr	School	Finals
Finals			
1 Hayley Lentsch	12	Kenyon-Wanam	59.58M 10
2 Katie Applen	12	Pine Island	1:05.52 8
3 Kaila Huneke	11	Zumbrota-Maz	1:06.25 6
4 Reese Koenen	12	Pine Island	1:06.33 5
5 Addie Boraas	7	Zumbrota-Maz	1:08.81 4
6 Lydia Heiderscheidt	11	Medford	1:09.35 3
7 June Lizarralde	11	Pine Island	1:09.47 2
8 Isabella Haro	9	Randolph	1:09.70 1
9 Avery Novak	8	Randolph	1:10.64
10 Holly Carlstrom	10	Kenyon-Wanam	1:11.28
11 Stella Beltz	9	Lake City	1:12.42
12 Maddyn Alexander	8	Randolph	1:12.52
13 Lucy Wallerich	11	Wabasha-Kell	1:12.93
14 Macy Greenawalt	9	Lake City	1:13.01
15 Morgan Majerus	11	Lake City	1:13.05
16 Madalyn Huizel	10	Medford	1:16.05
17 Taylor Havelka	8	Medford	1:17.92
18 Lavinia Nuzzi	12	Wabasha-Kell	1:23.00
--- Mali Quam	7	Kenyon-Wanam	DNS

Girls 800 Meter Run Class A

Sub-3 Record: 2:23.25 M 5/24/2023 Katrina Sortland

1A Standard: 2:29.47 *

Name	Yr	School	Finals
Finals			
1 Audrey Haugen	10	Kenyon-Wanam	2:23.80* 10
2 Eden Olson	9	Lake City	2:31.10 8
3 Paxyn Rendahl	12	Pine Island	2:31.98 6
4 Elena Kabat	11	Pine Island	2:39.76 5
5 Audrie Simpson	11	Pine Island	2:41.18 4
6 Lauren Kennedy	12	Lake City	2:42.49 3
7 Isabella Haro	9	Randolph	2:55.91 2
8 Zaynah Paider	9	Zumbrota-Maz	3:00.31 1
9 Lydia Gore	11	Cannon Falls	3:02.39
10 Millie Anderson	7	Wabasha-Kell	3:06.15
11 Madison Murphy	9	Medford	3:09.38
12 Isabelle Amsbaugh	11	Zumbrota-Maz	3:17.07
13 Elizabeth Chavis	9	Randolph	3:42.83
14 Ashlin Havumaki	10	Medford	4:29.10
--- Dorothy Halder	9	Lake City	DNS

Girls 1600 Meter Run Class A

Sub-3 Record: 5:08.02 M 5/24/2023 Natasha Sortland

1A Standard: 5:45.40 *

Name	Yr	School	Finals
Finals			
1 Audrey Haugen	10	Kenyon-Wanam	5:29.89* 10
2 Lily Duden	9	Zumbrota-Maz	5:37.68* 8
3 Alivia Levi	10	Pine Island	5:57.98 6

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Results - Sub-Section 3

Finals ... (Girls 1600 Meter Run Class A)

Name	Yr	School	Finals
4 Elizabeth Passe	9	Wabasha-Kell	5:58.45 5
5 Lauren Kennedy	12	Lake City	6:07.08 4
6 Macy Koenen	10	Pine Island	6:27.91 3
7 Miley Hoffarth	10	Pine Island	6:39.15 2
8 Ada Walch	11	Wabasha-Kell	6:40.52 1
9 Catherine Wolf	12	Lake City	6:42.56
10 Alexandra Ebertowski	12	Zumbrota-Maz	7:04.87
11 Madison Murphy	9	Medford	7:30.53
12 Clara Thurnau	11	Medford	7:40.64
13 Elizabeth Chavis	9	Randolph	8:30.23

Girls 3200 Meter Run Class A

Sub-3 Record: 12:49.34 M 5/24/2023 Olivia Yotter

1A Standard: 12:34.64 *

Name	Yr	School	Finals
Finals			
1 Ashley Pederson	11	Pine Island	12:38.72M 10
2 Brenna Traynor		Lake City	13:14.62 8
3 Salome Osterhaus	9	Pine Island	13:30.12 6
4 Megan Tegmeier	9	Medford	13:34.18 5
5 Jeanette Larson	9	Wabasha-Kell	13:35.07 4
6 Britta Stiller	12	Zumbrota-Maz	14:06.29 3
7 Willa Field	11	Lake City	14:25.51 2
8 Olivia Markson	8	Zumbrota-Maz	14:48.85 1
9 Avery Arndt	9	Medford	15:08.19
10 Ayana Osterhaus	12	Pine Island	15:21.68

Girls 100 Meter Hurdles Class A

Sub-3 Record: 17.47 M 5/24/2023 Elena Hartung

1A Standard: 17.43 *

Name	Yr	School	Finals
Finals			
1 Elena Hartung	11	Pine Island	15.92* 10
2 Sadie Sanders	11	Lake City	16.20* 8
3 Evelyn Nelson	12	Cannon Falls	17.04* 6
4 Eliza Fletcher	11	Pine Island	17.48 5
5 Grace Gerster	12	Randolph	17.51 4
6 Claire Hayden	10	Pine Island	17.75 3
7 Baily Earnest-Miller	12	Lake City	18.06 2
8 Sawyer Sheridan	11	Zumbrota-Maz	18.09 1
9 Rachel Kropp	12	Wabasha-Kell	18.20
10 Alaina McCann	8	Wabasha-Kell	18.31
11 Marilyn Mausolf	8	Cannon Falls	19.02
12 Millie Dohrn		Lake City	19.12
13 Emilia Nelson	8	Cannon Falls	19.89
14 Ella Gerster	9	Randolph	20.06
15 Hailey Arens	9	Wabasha-Kell	21.24

Girls 300 Meter Hurdles Class A

Sub-3 Record: 49.28 M 5/24/2023 Elena Hartung

1A Standard: 50.33 *

Name	Yr	School	Finals
Finals			
1 Elena Hartung	11	Pine Island	49.29* 10
2 Sadie Sanders	11	Lake City	50.22* 8
3 Sawyer Sheridan	11	Zumbrota-Maz	50.78 6
4 Rachel Kropp	12	Wabasha-Kell	51.21 5
5 Baily Earnest-Miller	12	Lake City	51.57 4
6 Eliza Fletcher	11	Pine Island	51.58 3
7 Claire Hayden	10	Pine Island	53.12 2
8 Evelyn Nelson	12	Cannon Falls	53.61 1
9 Alaina McCann	8	Wabasha-Kell	54.46
10 Alessandra Majerus	9	Lake City	56.02
11 Carmen Nerison	11	Kenyon-Wanam	58.21

Girls 4x100 Meter Relay Class A

Sub-3 Record: 52.86 M 5/24/2023 Pine Island

R Sorum, Z Njus, K Hayden, T Koenen

1A Standard: 52.22 *

Team	Relay	Finals
Finals		
1 Medford		52.99 10
1) Jackie Cole 12	2) Annette Kniefel 12	
3) Hailey Hemann 11	4) Olivia Ward 10	
2 Pine Island		53.32 8
1) Reighley Sorum 11	2) McKinley Sorum 9	
3) Lyndee Northrop 11	4) Zoe Njus 11	
3 Lake City		54.53 6
1) Zoey Beltz	2) Paige Luhman	
3) Emily Gates 11	4) Delilah Benjamin 10	
4 Cannon Falls		55.49 5
1) Madi Jeppesen 9	2) Madison Jordan 9	
3) Lucy Lindahl 9	4) Kendra Reed 11	
5 Randolph		55.74 4
1) Sarah Dohmen 9	2) Macy Mohn 10	
3) Grace Gerster 12	4) Devon Root 11	
6 Wabasha-Kellogg		57.65 3
1) Aleaya Becker 8	2) Kylie Peck 12	
3) Shanti Whatley 8	4) Zoey Day 11	
7 Kenyon-Wanam		1:02.27 2
1) Elsie Braaten 10	2) Stella Haugen 7	
3) Naomi Edwards 7	4) Talia Johnson 7	
8 Zumbrota-Mazeppa		1:04.91 1
1) Britta Stiller 12	2) Zaynah Paider 9	
3) Isabelle Amsbaugh 11	4) Alexandra Ebertowski 12	

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Girls 4x200 Meter Relay Class A**Sub-3 Record: 1:48.78 M 5/24/2023 Zumbrota-Mazeppa****K Bettermann, A Reese, K Huneke, K Sortland****1A Standard: 1:50.43 ***

Team	Relay	Finals
Finals		
1 Pine Island		1:52.46 10
1) Reighley Sorum 11	2) McKinley Sorum 9	
3) Zoe Njus 11	4) Reese Koenen 12	
2 Zumbrota-Mazeppa		1:52.84 8
1) Autumn Reese 10	2) Addie Boraas 7	
3) Mikayla Scharpen 10	4) Kaila Huneke 11	
3 Lake City		1:56.07 6
1) Emily Gates 11	2) Peyton Meincke 11	
3) Paige Luhman	4) Zoey Beltz	
4 Wabasha-Kellogg		1:58.60 5
1) Aleaya Becker 8	2) Emma Johnson 12	
3) Kylie Peck 12	4) Shanti Whatley 8	
5 Randolph		2:03.10 4
1) Avery Novak 8	2) Sarah Dohmen 9	
3) Grace Gerster 12	4) Macy Mohn 10	
6 Kenyon-Wanam		2:03.46 3
1) Quinly Hanson 7	2) Naomi Edwards 7	
3) Talia Johnson 7	4) Lila Huschle 9	
7 Cannon Falls		2:04.07 2
1) Rylann Miller 9	2) Cindy Zheng 10	
3) Emilia Nelson 8	4) Madison Jordan 9	
8 Medford		2:09.65 1
1) Peyton Snow 12	2) Taylor Havelka 8	
3) Maria Jones 8	4) Ava Huizel 10	

Girls 4x400 Meter Relay Class A**Sub-3 Record: 4:12.02 M 5/24/2023 Zumbrota-Mazeppa****S Sheridan, N Sortland, K Huneke, K Sortland****1A Standard: 4:18.37 ***

Team	Relay	Finals
Finals		
1 Lake City		4:14.30* 10
1) Sadie Sanders 11	2) Natalie Gates 12	
3) Peyton Meincke 11	4) Olivia Yotter 9	
2 Zumbrota-Mazeppa		4:20.04 8
1) Kaila Huneke 11	2) Sawyer Sheridan 11	
3) Addie Boraas 7	4) Lily Duden 9	
3 Pine Island		4:25.05 6
1) Elena Kabat 11	2) Eliza Fletcher 11	
3) Katie Applen 12	4) Macy Koenen 10	
4 Wabasha-Kellogg		4:31.33 5
1) Sadie Schjolberg 11	2) Rachel Kropp 12	
3) Elizabeth Passe 9	4) Maria Sholing 9	
5 Randolph		4:46.44 4
1) Isabella Haro 9	2) Lilly Kothenbeutel 9	
3) Maddyn Alexander 8	4) Avery Novak 8	

6 Medford		4:55.17 3
1) Addison O'Connor 12	2) Madalyn Huizel 10	
3) Ava Huizel 10	4) Lydia Heiderscheidt 11	
7 Cannon Falls		4:57.92 2
1) Evelyn Nelson 12	2) Rylann Miller 9	
3) Cindy Zheng 10	4) Emilia Nelson 8	

Girls 4x800 Meter Relay Class A**Sub-3 Record: 10:09.36 M 5/24/2023 Lake City****K Sanderson, O Yotter, P Meincke, J Majerus****1A Standard: 10:40.95 ***

Team	Relay	Finals
Finals		
1 Lake City		10:26.59* 10
1) Peyton Meincke 11	2) Eden Olson 9	
3) Natalie Gates 12	4) Olivia Yotter 9	
2 Pine Island		10:51.93 8
1) Paxyn Rendahl 12	2) Audrie Simpson 11	
3) Elena Kabat 11	4) Ashley Pederson 11	
3 Wabasha-Kellogg		11:43.28 6
1) Jeanette Larson 9	2) Elizabeth Passe 9	
3) Ada Walch 11	4) Maria Sholing 9	
4 Medford		12:14.82 5
1) Avery Arndt 9	2) Madalyn Huizel 10	
3) Clara Thurnau 11	4) Megan Tegmeier 9	
5 Zumbrota-Mazeppa		12:32.65 4
1) Britta Stiller 12	2) Zaynah Paider 9	
3) Isabelle Amsbaugh 11	4) Alexandra Ebertowski 12	

Girls High Jump Class A**Sub-3 Record: 4-11 M 5/24/2023 Maddie Seymour****1A Standard: 4-10 ***

Name	Yr	School	Finals
Finals			
1 Ella Schmoll	11	Pine Island	4-10.00* 10
2 Piper Wobbe	9	Wabasha-Kell	4-10.00* 8
3 Maddie Seymour	12	Zumbrota-Maz	4-10.00* 6
4 Hailey Arens	9	Wabasha-Kell	4-08.00 5
5 Ava Knott	12	Zumbrota-Maz	4-08.00 4
6 Cindy Zheng	10	Cannon Falls	4-08.00 3
7 Jade Severson	11	Pine Island	4-08.00 2
8 Madison Jordan	9	Cannon Falls	4-06.00 0.3
8 Isabelle Reynolds	10	Randolph	4-06.00 0.3
8 Katie Applen	12	Pine Island	4-06.00 0.3
8 Madi Jeppesen	9	Cannon Falls	4-06.00 0.3
12 Adelynn Haugen	10	Randolph	4-06.00
13 Holly Carlstrom	10	Kenyon-Wanam	4-06.00
14 Isabella Haro	9	Randolph	4-06.00
15 Sadie Sanders	11	Lake City	4-04.00
16 Dylann Porisch	9	Lake City	4-02.00
--- Hannah Arens-Silker	9	Wabasha-Kell	NH
--- Dorothy Halder	9	Lake City	DNS

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Girls Pole Vault Class A

Sub-3 Record: 8-02 M 5/24/2023 Simone Kabat

1A Standard: 8-08 *

Name	Yr	School	Finals
Finals			
1 Annalise Sherman	10	Pine Island	9-02.00* 10
2 Sommer Post	12	Zumbrota-Maz	8-08.00* 8
3 Lucy Lindahl	9	Cannon Falls	8-02.00M 6
4 Rylann Miller	9	Cannon Falls	8-02.00M 5
5 Lydia Heiderscheidt	11	Medford	8-02.00M 4
6 Sadie Schjolberg	11	Wabasha-Kell	7-08.00 3
7 River Weissgerber	10	Pine Island	7-08.00 2
8 Baily Earnest-Miller	12	Lake City	7-02.00 1
9 Abby Hewitt	10	Pine Island	7-02.00
10 Beverly Lopez Gonzalez	12	Lake City	7-02.00
11 Catherine Wolf	12	Lake City	6-08.00
11 Britta Stiller	12	Zumbrota-Maz	6-08.00
--- Megan Tegmeier	9	Medford	NH
--- Claire Nagel	8	Medford	NH

Girls Long Jump Class A

Sub-3 Record: 17-09.50 M 5/24/2023 Hayley Lentsch

1A Standard: 16-01 *

Name	Yr	School	Finals
Finals			
1 Hayley Lentsch	12	Kenyon-Wanam	17-06.00* 10
2 Reese Koenen	12	Pine Island	16-02.00* 8
3 Kendra Reed	11	Cannon Falls	15-10.50 6
4 Devon Root	11	Randolph	15-07.50 5
5 Zoe Njus	11	Pine Island	15-03.50 4
6 Kaila Huneke	11	Zumbrota-Maz	14-11.00 3
7 Grace Gerster	12	Randolph	14-06.00 2
8 Delilah Benjamin	10	Lake City	14-04.00 1
9 Lisa Hoehne	9	Pine Island	14-01.00
10 Grace Dose	10	Lake City	14-00.50
11 Zoey Day	11	Wabasha-Kell	13-11.00
12 Lucy Wallerich	11	Wabasha-Kell	13-05.00
13 Macy Mohn	10	Randolph	13-05.00
14 Maria Jones	8	Medford	12-02.00
15 Stella Beltz	9	Lake City	12-02.00
16 Autumn Reese	10	Zumbrota-Maz	12-01.00
17 Taylor Havelka	8	Medford	11-02.00

Girls Triple Jump Class A

Sub-3 Record: 35-08.50 M 5/24/2023 Vanessa Schmidt

1A Standard: 32-10 *

Name	Yr	School	Finals
Finals			
1 Jackie Cole	12	Medford	34-05.00* 10
2 Reese Koenen	12	Pine Island	33-10.00* 8
3 Mikayla Scharpen	10	Zumbrota-Maz	33-01.00* 6
4 Kendra Reed	11	Cannon Falls	32-09.50 5
5 Avery Novak	8	Randolph	32-04.00 4
6 Elizabeth Passe	9	Wabasha-Kell	30-06.25 3

7 Carmen Nerison	11	Kenyon-Wanam	30-03.25 2
8 Evie Lujero	9	Pine Island	30-01.50 1
9 Alaina McCann	8	Wabasha-Kell	28-03.50
10 Evelyn Rogness	10	Lake City	27-03.00
11 Olivia Wiggins	10	Pine Island	26-11.25
12 Annika Stevenson	9	Lake City	25-05.00

Girls Shot Put Class A

Sub-3 Record: 29-07 M 5/24/2023 Reagan Essig

1A Standard: 33-04 *

Name	Yr	School	Finals
Finals			
1 Annika Glomski	12	Lake City	30-05.00M 10
2 Lyndee Northrop	11	Pine Island	30-02.50M 8
3 Isabel Miller	12	Medford	30-00.50M 6
4 Brenna Houdek	11	Pine Island	29-03.00 5
5 Jillian Kellen	11	Medford	28-05.50 4
6 Ayla Yetzer	12	Pine Island	28-04.50 3
7 Kayla Quick	12	Wabasha-Kell	28-01.75 2
8 Addison O'Connor	12	Medford	28-00.00 1
9 Chloe Merchlewitz	10	Cannon Falls	26-09.00
10 Gabriella Smith	10	Randolph	26-05.50
11 Sara Auger	12	Cannon Falls	25-07.50
12 Emma Johnson	12	Wabasha-Kell	25-07.00
13 Cc Burns	11	Lake City	25-06.00
14 Isabelle Reynolds	10	Randolph	25-03.75
15 Lexi Lehnertz	9	Wabasha-Kell	24-06.25
16 Adalee Geisinger	10	Kenyon-Wanam	24-00.50
17 Evelyn Rogness	10	Lake City	23-04.50
18 Isabelle Amsbaugh	11	Zumbrota-Maz	21-11.00
19 Alyssa Garrett	9	Kenyon-Wanam	18-08.00
20 Elizabeth Chavis	9	Randolph	14-02.50

Girls Discus Throw Class A

Sub-3 Record: 112-04 M 5/24/2023 Abby Fitzgerald

1A Standard: 100-07 *

Name	Yr	School	Finals
Finals			
1 Lyndee Northrop	11	Pine Island	98-10 10
2 Amelia Fitzgerald	9	Medford	97-04 8
3 Isabel Miller	12	Medford	94-05 6
4 Kayla Quick	12	Wabasha-Kell	92-02 5
5 Addison O'Connor	12	Medford	90-04 4
6 Erin Taylor	10	Pine Island	89-09 3
7 Jade Severson	11	Pine Island	89-07 2
8 Evelyn Rogness	10	Lake City	87-06 1
9 Sara Auger	12	Cannon Falls	84-03
10 Emma Johnson	12	Wabasha-Kell	81-08
11 Cc Burns	11	Lake City	81-07
12 Gabriella Smith	10	Randolph	76-06
13 Maddyn Alexander	8	Randolph	74-10
14 Chloe Merchlewitz	10	Cannon Falls	73-07
15 Kiley Jeppesen	10	Cannon Falls	68-01
16 Lexi Lehnertz	9	Wabasha-Kell	66-00
17 Isabelle Reynolds	10	Randolph	61-03

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Finals ... (Girls Discus Throw Class A)

Name	Yr	School	Finals
18 Adalee Geisinger	10	Kenyon-Wanam	60-01
19 Alyssa Garrett	9	Kenyon-Wanam	50-00
--- Summer Meyer	10	Lake City	DNS

Boys 100 Meter Dash Class A

Sub-3 Record: 11.42 M 5/24/2023 RJ Sylak

1A Standard: 11.67 *

Name	Yr	School	Finals
Finals			
1 Jesse Ortiz	12	Medford	10.89M 10
2 Abe Ferber	11	Pine Island	11.09M 8
3 Grant Reed	12	Kenyon-Wanam	11.16M 6
4 Peyton Loftus	9	Pine Island	11.50* 5
5 Bentley Lujero	12	Pine Island	11.61* 4
6 Tysen Lind	11	Cannon Falls	11.61* 3
7 Warren Stoltz	10	Lake City	11.89 2
8 Luke Narum	10	Lake City	11.96 1
9 Kyle Brogger	11	Kenyon-Wanam	11.97
10 Colten Lohman	9	Kenyon-Wanam	12.10
11 William Higley	12	Zumbrota-Maz	12.31
12 Gunnar Seydel	12	Lake City	12.69
13 Angel Gonzalez	12	Zumbrota-Maz	12.97
14 Johnny Cole	9	Medford	13.15
15 Jody Jensen	11	Wabasha-Kell	13.18
16 James Huseth	10	Cannon Falls	14.10
17 Mason Counsell	9	Zumbrota-Maz	14.40
18 Edward Berg	11	Cannon Falls	14.64
--- Dominic Holzmann	10	Wabasha-Kell	DNS

Boys 200 Meter Dash Class A

Sub-3 Record: 22.59 M 5/24/2023 RJ Sylak

1A Standard: 23.48 *

Name	Yr	School	Finals
Finals			
1 Jesse Ortiz	12	Medford	22.70* 10
2 Grant Reed	12	Kenyon-Wanam	23.05* 8
3 Cody Walker	10	Wabasha-Kell	23.55 6
4 Owen Harstad	10	Pine Island	23.70 5
5 Peyton Loftus	9	Pine Island	24.04 4
6 Ty Gibson	12	Pine Island	24.13 3
7 T.J. Eddins	12	Cannon Falls	24.87 2
8 Drake Stursa	9	Medford	25.68 1
9 Luke Narum	10	Lake City	25.69
10 Kyle Brogger	11	Kenyon-Wanam	25.87
11 Colten Lohman	9	Kenyon-Wanam	26.15
12 James Zinser	9	Zumbrota-Maz	26.79
13 Gage Starr	12	Zumbrota-Maz	28.80
14 Robert Keehn	9	Lake City	29.62
15 Wyatt Nelson	9	Cannon Falls	29.83
16 Dylan Geiger	9	Cannon Falls	30.07
17 Shane Johnson	10	Wabasha-Kell	30.18
18 Kyen Kutschied	9	Zumbrota-Maz	30.39
--- Jaden Shones	12	Lake City	DNS

--- Dominic Holzmann 10 Wabasha-Kell DNS

Boys 400 Meter Dash Class A

Sub-3 Record: 51.27 M 5/24/2023 RJ Sylak

1A Standard: 52.77 *

Name	Yr	School	Finals
Finals			
1 Cody Walker	10	Wabasha-Kell	52.51* 10
2 Jacob Carter	11	Pine Island	53.63 8
3 Indy Judd	10	Zumbrota-Maz	54.13 6
4 Connor Fogarty	12	Zumbrota-Maz	54.22 5
5 Ryder Schmidt	11	Pine Island	54.33 4
6 Drake Stursa	9	Medford	57.15 3
7 Blake Schiltz	11	Pine Island	57.26 2
8 Andre Cortez	10	Kenyon-Wanam	57.58 1
9 Colten Litschke	11	Cannon Falls	58.64
10 Wyatt Mosser	11	Cannon Falls	59.28
11 Warren Stoltz	10	Lake City	1:01.00
12 Tanner Milewski	9	Medford	1:02.23
13 Trey Watkins	9	Kenyon-Wanam	1:02.69
14 Gunnar Seydel	12	Lake City	1:02.83
15 Owen Caron	10	Kenyon-Wanam	1:03.34
16 Dylan Geiger	9	Cannon Falls	1:05.83
17 Junior Lopez Gonzalez	11	Lake City	1:07.78
18 Zak Treichel	10	Zumbrota-Maz	1:11.98

Boys 800 Meter Run Class A

Sub-3 Record: 2:03.24 M 5/24/2023 Braxton Osterhaus

1A Standard: 2:04.60 *

Name	Yr	School	Finals
Finals			
1 Conrad Seydel	10	Lake City	2:05.64 10
2 Weston Roberson	11	Lake City	2:07.21 8
3 Jamison Rosane	11	Pine Island	2:08.71 6
4 Bo Rosane	9	Pine Island	2:11.36 5
5 Andre Cortez	10	Kenyon-Wanam	2:17.28 4
6 Kaden Chim	10	Pine Island	2:25.06 3
7 Kyle Ford	10	Randolph	2:30.26 2
8 Leo Showers	12	Zumbrota-Maz	2:35.47 1
9 Alex Thurnau	10	Medford	2:47.22
10 Jude Schulte	9	Zumbrota-Maz	2:50.27
11 Zach Johnson	12	Cannon Falls	2:58.86
--- Herges Louis	12	Zumbrota-Maz	DQ

Boys 1600 Meter Run Class A

Sub-3 Record: 4:45.14 M 5/24/2023 Brandt Konik

1A Standard: 4:50.89 *

Name	Yr	School	Finals
Finals			
1 Vaughn Anderson	9	Pine Island	5:00.00 10
2 Riley Bram	9	Zumbrota-Maz	5:02.46 8
3 Isaac Anderson	11	Cannon Falls	5:16.07 6
4 Talon Schutz	8	Pine Island	5:19.67 5
5 Isaac Solberg	10	Wabasha-Kell	5:23.73 4
6 Kyle Ford	10	Randolph	5:26.08 3

2024 MSHSL (Section 1A) - Sub-section 3

Track & Field Championships

hosted by Pine Island

Results - Sub-Section 3

Finals ... (Boys 1600 Meter Run Class A)

Name	Yr	School	Finals
7 Eric Anderson	11	Lake City	5:31.71 2
8 Henry Morgan	11	Pine Island	5:33.59 1
9 Joseph Hora	7	Medford	5:35.90
10 Logan Lee	11	Zumbrota-Maz	5:39.75
11 Nate Stevenson	12	Lake City	5:41.10
12 Oscar Sailer	12	Wabasha-Kell	5:52.82
13 Eli Anderson	8	Cannon Falls	5:56.18
14 Leonel Hernandez-Lopez	11	Cannon Falls	6:00.65
15 Brody Benjamin	8	Lake City	6:02.87
16 Alex Thurnau	10	Medford	6:09.45
17 Bodey Counsel	11	Zumbrota-Maz	6:15.39
18 Mickolas Swanson	11	Randolph	6:15.78

Boys 3200 Meter Run Class A

Sub-3 Record: 10:21.52 M 5/24/2023 Seth Konik

1A Standard: 10:26.03 *

Name	Yr	School	Finals
1 Seth Konik	11	Pine Island	10:25.60* 10
2 Jacob Williamson	10	Zumbrota-Maz	10:48.23 8
3 Caleb Kevan	9	Zumbrota-Maz	10:52.17 6
4 Vaughn Anderson	9	Pine Island	11:01.57 5
5 George Christenson	9	Wabasha-Kell	11:26.99 4
6 Evan Kutschied	10	Zumbrota-Maz	12:12.64 3
7 Joseph Hora	7	Medford	12:16.69 2
8 Adam Johnson	10	Pine Island	12:26.16 1
9 Eli Anderson	8	Cannon Falls	12:26.93
10 Cameron Seelig	8	Randolph	13:15.83
11 Jacob Hora	7	Medford	15:29.10

Boys 110 Meter Hurdles Class A

Sub-3 Record: 17.53 M 5/24/2023 CJ Tree

1A Standard: 17.12 *

Name	Yr	School	Finals
1 CJ Tree	12	Pine Island	15.98* 10
2 Masyn Hanson	11	Kenyon-Wanam	17.50M 8
3 Mason Boraas	10	Zumbrota-Maz	17.60 6
4 Sam Taddy	9	Pine Island	17.82 5
5 Benny Lopez Ramirez	10	Lake City	19.16 4
6 Asher Moore	11	Kenyon-Wanam	19.32 3
7 Austin Luckey	9	Pine Island	19.93 2
8 Isaac Solberg	10	Wabasha-Kell	20.86 1
9 Matthew Frentz	12	Lake City	21.52
10 Brent Carpenter	10	Cannon Falls	22.13

Boys 300 Meter Hurdles Class A

Sub-3 Record: 42.10 M 5/24/2023 CJ Tree

1A Standard: 43.82 *

Name	Yr	School	Finals
1 CJ Tree	12	Pine Island	43.77* 10
2 Drew Sailer	11	Pine Island	44.30 8

3 Mason Boraas	10	Zumbrota-Maz	46.20 6
4 Masyn Hanson	11	Kenyon-Wanam	46.45 5
5 Sam Taddy	9	Pine Island	49.56 4
6 Samuel Wagenknecht	11	Cannon Falls	50.62 3
7 Benny Lopez Ramirez	10	Lake City	50.65 2
8 Wyatt Nelson	9	Cannon Falls	50.78 1
9 Grady Taylor	9	Randolph	51.94
10 Brent Carpenter	10	Cannon Falls	52.80
11 Matthew Frentz	12	Lake City	52.96
12 Luther Bauer	9	Zumbrota-Maz	53.57
13 Isaac Solberg	10	Wabasha-Kell	53.62
14 Mickolas Swanson	11	Randolph	53.75
--- Gavyn Castagnaro	10	Wabasha-Kell	DNS

Boys 4x100 Meter Relay Class A

Sub-3 Record: 45.76 M 5/24/2023 Pine Island

A Ferber, S Knox, M Goodman, A Sisell

1A Standard: 45.24 *

Team	Relay	Finals
1 Pine Island		44.95* 10
1) Bentley Lujero 12	2) Abe Ferber 11	
3) Owen Harstad 10	4) Peyton Loftus 9	
2 Lake City		46.04 8
1) Jack Banks 12	2) Keegan Ryan 12	
3) Thomas Brand 12	4) Carter Lane 12	
3 Cannon Falls		46.17 6
1) T.J. Eddins 12	2) Caelan Heinlein 9	
3) Colten Litschke 11	4) Tysen Lind 11	
4 Zumbrota-Mazeppa		48.30 5
1) William Higley 12	2) Hayden Boraas 9	
3) Tatum Olson 9	4) Austin Jentsch 11	
5 Medford		50.70 4
1) Chase Balzer 9	2) Hunter Perdue 12	
3) Orion Heintz 10	4) Johnny Cole 9	
6 Kenyon-Wanam		50.79 3
1) Myles Thompson 10	2) Max Loos 12	
3) Owen Caron 10	4) Trey Watkins 9	

Boys 4x200 Meter Relay Class A

Sub-3 Record: 1:35.95 M 5/24/2023 Pine Island

B Schiltz, S Knox, T Gibson, O Harstad

1A Standard: 1:34.74 *

Team	Relay	Finals
1 Pine Island		1:35.27M 10
1) Bentley Lujero 12	2) Abe Ferber 11	
3) Owen Harstad 10	4) Ty Gibson 12	
2 Lake City		1:36.50 8
1) Jack Banks 12	2) Keegan Ryan 12	
3) Thomas Brand 12	4) Tim Cooper 12	
3 Zumbrota-Mazeppa		1:39.45 6
1) Indy Judd 10	2) William Higley 12	
3) Austin Jentsch 11	4) Connor Fogarty 12	

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hosted by Pine Island

Results - Sub-Section 3

Finals ... (Boys 4x200 Meter Relay Class A)

Team	Relay	Finals
4 Cannon Falls		1:53.97 5
1) Wyatt Nelson 9	2) Caelan Heinlein 9	
3) Graham Bray 10	4) Talant Rifinberick 10	
--- Kenyon-Wanam		DQ
1) Kyle Brogger 11	2) Myles Thompson 10	
3) Colten Lohman 9	4) Grant Reed 12	
--- Wabasha-Kellogg		DQ
1) Gavyn Castagnaro 10	2) Henry Cushman 12	
3) Robert Cushman 12	4) Dakota Kletschka 12	

Boys 4x400 Meter Relay Class A

Sub-3 Record: 3:34.71 M 5/24/2023 Pine Island

C Tree, T Gibson, B Konik, B Osterhaus

1A Standard: 3:36.26 *

Team	Relay	Finals
1 Pine Island		3:35.87* 10
1) Ryder Schmidt 11	2) Ty Gibson 12	
3) Jacob Carter 11	4) Blake Schiltz 11	
2 Lake City		3:37.06 8
1) Keegan Ryan 12	2) Thomas Brand 12	
3) Tim Cooper 12	4) Weston Roberson 11	
3 Zumbrota-Mazeppa		3:40.47 6
1) Indy Judd 10	2) Kirt Rude 10	
3) Austin Jentsch 11	4) Connor Fogarty 12	
4 Wabasha-Kellogg		3:57.86 5
1) Oscar Sailer 12	2) Henry Cushman 12	
3) Miles Kallstrom 11	4) Dakota Kletschka 12	
5 Cannon Falls		4:02.29 4
1) Samuel Wagenknecht 11	2) Wyatt Mosser 11	
3) Axel Rapp 10	4) Graham Bray 10	

Boys 4x800 Meter Relay Class A

Sub-3 Record: 8:33.66 M 5/24/2023 Pine Island

S Konik, J Rosane, B Osterhaus, B Konik

1A Standard: 8:50.39 *

Team	Relay	Finals
1 Lake City		9:00.28 10
1) Conrad Seydel 10	2) Eric Anderson 11	
3) Tim Cooper 12	4) Weston Roberson 11	
2 Pine Island		9:15.68 8
1) Jamison Rosane 11	2) Seth Konik 11	
3) Bo Rosane 9	4) Jacob Carter 11	
3 Zumbrota-Mazeppa		9:17.39 6
1) Riley Bram 9	2) Kirt Rude 10	
3) Caleb Kevan 9	4) Jacob Williamson 10	
4 Wabasha-Kellogg		9:53.85 5
1) George Christenson 9	2) Oscar Sailer 12	
3) Henry Cushman 12	4) Dakota Kletschka 12	
5 Cannon Falls		10:04.65 4
1) Samuel Wagenknecht 11	2) Isaac Anderson 11	
3) Wyatt Mosser 11	4) Leonel Hernandez-Lopez 11	

Boys High Jump Class A

Sub-3 Record: 6-01 M 5/24/2023 Collin Klassen

1A Standard: 5-10 *

Name	Yr	School	Finals
Finals			
1 Drew Sailer	11	Pine Island	6-00.00* 10
2 Keegan Ryan	12	Lake City	5-08.00 8
3 Henry Thyren	9	Wabasha-Kell	5-06.00 6
4 Isaac Solberg	10	Wabasha-Kell	5-04.00 5
5 Caelan Heinlein	9	Cannon Falls	5-04.00 4
6 Mason Boraas	10	Zumbrota-Maz	5-04.00 3
7 Evan Noble	12	Medford	5-02.00 1
7 Ben Perreault	9	Pine Island	5-02.00 1
7 Sam Taddy	9	Pine Island	5-02.00 1
--- Kirt Rude	10	Zumbrota-Maz	NH
--- Hunter Perdue	12	Medford	NH
--- Will Hauser	10	Zumbrota-Maz	NH
--- Zane Beck	10	Cannon Falls	NH
--- Sullivan Gill-Bolinger	10	Cannon Falls	NH
--- Seth Aldorfer	9	Kenyon-Wanam	NH
--- Kevin Mota	7	Lake City	NH
--- Jaden Shones	12	Lake City	DNS

Boys Pole Vault Class A

Sub-3 Record: 14-06 M 5/24/2023 Sam Knox

1A Standard: 11-05 *

Name	Yr	School	Finals
Finals			
1 CJ Tree	12	Pine Island	11-11.00* 10
2 Robert Cushman	12	Wabasha-Kell	11-11.00* 8
3 Graham Bray	10	Cannon Falls	10-05.00 6
4 Ben Edwards	9	Pine Island	9-05.00 5
5 Axel Rapp	10	Cannon Falls	9-05.00 3.5
5 Andrew Monjaraz	9	Zumbrota-Maz	9-05.00 3.5
7 John Hora	10	Medford	8-11.00 2
8 Sven Oberg	11	Pine Island	8-11.00 1
9 Dylan Geiger	9	Cannon Falls	8-05.00
--- Myles Thompson	10	Kenyon-Wanam	NH
--- Asher Moore	11	Kenyon-Wanam	NH
--- Eric Nicholson	10	Zumbrota-Maz	NH
--- Benny Lopez Ramirez	10	Lake City	NH
--- Chase Balzer	9	Medford	NH
--- Eric Anderson	11	Lake City	DNS
--- Caden Cobb	9	Lake City	DNS

Boys Long Jump Class A

Sub-3 Record: 21-06.50 M 5/24/2023 Michael Goodman

1A Standard: 19-10 *

Name	Yr	School	Finals
Finals			
1 Connor Fogarty	12	Zumbrota-Maz	20-06.00* 10
2 Jesse Ortiz	12	Medford	20-00.50* 8
3 T.J. Eddins	12	Cannon Falls	20-00.00* 6
4 Tysen Lind	11	Cannon Falls	19-10.00* 5

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Finals ... (Boys Long Jump Class A)

Name	Yr	School	Finals
5 Drew Sailer	11	Pine Island	19-07.00 4
6 Sam Taddy	9	Pine Island	19-05.00 3
7 Tatum Olson	9	Zumbrota-Maz	19-01.50 2
8 Warren Stoltz	10	Lake City	18-05.50 1
9 Cooper Rutten	9	Pine Island	17-06.50
10 Luke Narum	10	Lake City	17-06.00
11 Masyn Hanson	11	Kenyon-Wanam	17-05.50
12 Miles Kallstrom	11	Wabasha-Kell	16-11.00
13 Tanner Milewski	9	Medford	16-10.50
14 Nolan Rude	9	Zumbrota-Maz	16-06.00
15 Grady Taylor	9	Randolph	15-07.50
16 Myles Thompson	10	Kenyon-Wanam	15-04.00
17 Johnny Cole	9	Medford	14-09.50
18 Seth Aldorfer	9	Kenyon-Wanam	14-09.00
--- Caden Cobb	9	Lake City	DNS
--- Dominic Holzmann	10	Wabasha-Kell	DNS
--- Henry Cushman	12	Wabasha-Kell	DNS

Boys Triple Jump Class A

Sub-3 Record: 43-05 M 5/24/2023 Michael Goodman

1A Standard: 39-11 *

Name	Yr	School	Finals
1 CJ Tree	12	Pine Island	40-03.00* 10
2 Tysen Lind	11	Cannon Falls	40-02.50* 8
3 Drew Sailer	11	Pine Island	39-07.50 6
4 Tatum Olson	9	Zumbrota-Maz	38-01.00 5
5 Kevin Mota	7	Lake City	37-09.75 4
6 Austin Jentsch	11	Zumbrota-Maz	37-01.00 3
7 Indy Judd	10	Zumbrota-Maz	36-10.00 2
8 Henry Thyren	9	Wabasha-Kell	36-01.50 1
9 Sullivan Gill-Bolinger	10	Cannon Falls	36-01.00
10 Seth Aldorfer	9	Kenyon-Wanam	35-00.00
11 Wyatt Nelson	9	Cannon Falls	34-04.00
12 Tanner Milewski	9	Medford	33-10.00
13 Grady Taylor	9	Randolph	33-05.25
14 Ezekiel Marquardt	12	Pine Island	32-10.50
15 Johnny Cole	9	Medford	31-08.50
16 Andre Cortez	10	Kenyon-Wanam	31-01.00
17 Shane Johnson	10	Wabasha-Kell	28-07.50
--- James Cooper	8	Lake City	FOUL

Boys Shot Put Class A

Sub-3 Record: 46-01.75 M 5/24/2023 Austin Sisell

1A Standard: 43-08 *

Name	Yr	School	Finals
1 Blake Schiltz	11	Pine Island	49-05.50M 10
2 Ben Northrop	12	Pine Island	44-07.00* 8
3 Cain Johannes	11	Medford	41-08.00 6
4 Jack Boraas	12	Zumbrota-Maz	40-01.25 5
5 Andrew Edwards	11	Pine Island	39-06.50 4
6 Hunter Perdue	12	Medford	37-11.50 3

7 Lance Mlsna	12	Cannon Falls	36-03.25 2
8 Chase Balzer	9	Medford	35-10.50 1
9 James Huseeth	10	Cannon Falls	35-06.00
10 Ben Short	12	Kenyon-Wanam	34-00.50
11 Tre Calhoun	10	Wabasha-Kell	34-00.00
12 Carter Lane	12	Lake City	33-07.50
13 Nate Stevenson	12	Lake City	32-10.50
14 Hayden Boraas	9	Zumbrota-Maz	32-02.75
15 Edward Berg	11	Cannon Falls	32-02.50
16 Fuller Jewson	9	Wabasha-Kell	31-09.50
17 Thomas Paulson	11	Kenyon-Wanam	31-08.00
18 Aiden Lowy	11	Lake City	30-08.00
19 Logan Kevan	11	Zumbrota-Maz	30-02.75
20 Jay Smith	12	Kenyon-Wanam	28-08.50
21 Zachary Peterson	9	Wabasha-Kell	28-07.25
22 Mickolas Swanson	11	Randolph	23-02.25
23 Cameron Seelig	8	Randolph	21-08.00

Boys Discus Throw Class A

Sub-3 Record: 123-10 M 5/24/2023 Ben Northrop

1A Standard: 127-09 *

Name	Yr	School	Finals
1 Ben Northrop	12	Pine Island	148-00* 10
2 Andrew Edwards	11	Pine Island	134-08* 8
3 Blake Schiltz	11	Pine Island	134-01* 6
4 Logan Kevan	11	Zumbrota-Maz	112-07 5
5 Tre Calhoun	10	Wabasha-Kell	107-00 4
6 Max Loos	12	Kenyon-Wanam	102-07 3
7 Hunter Perdue	12	Medford	101-11 2
8 Ben Short	12	Kenyon-Wanam	99-02 1
9 Zane Beck	10	Cannon Falls	98-03
10 Jack Boraas	12	Zumbrota-Maz	95-08
11 Chase Balzer	9	Medford	94-11
12 Jimmy Suess	12	Zumbrota-Maz	89-00
13 Will Grayson	9	Medford	88-02
14 Zachary Peterson	9	Wabasha-Kell	86-04
15 Carter Lane	12	Lake City	77-06
16 Fuller Jewson	9	Wabasha-Kell	75-09
17 Nate Stevenson	12	Lake City	75-02
18 Jay Smith	12	Kenyon-Wanam	72-09
19 Aiden Lowy	11	Lake City	71-08
20 Mickolas Swanson	11	Randolph	70-03
21 Cameron Seelig	8	Randolph	63-08
--- Lance Mlsna	12	Cannon Falls	DNS
--- Talant Rifemberick	10	Cannon Falls	DNS

Women - Class A - Team Rankings - 18 Events Scored

1) Pine Island	219.25
2) Lake City	95
3) Medford	90
4) Zumbrota-Mazeppa	87
5) Wabasha-Kellogg	65
6) Kenyon-Wanamingo-Goodhue*	63

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7) Cannon Falls	44.5
8) Randolph	31.25

Men - Class A - Team Rankings - 18 Events Scored

1) Pine Island	263
2) Zumbrota-Mazeppa	110.5
3) Lake City	76
4) Cannon Falls	68.5
5) Wabasha-Kellogg	59
6) Medford	53
7) Kenyon-Wanamingo-Goodhue*	42
8) Randolph	5