

1968 Region 1 Championship

at Mayo High School, Fri., May 31, 1968

Teams: Austin 34, Albert Lea 28, Roch John Marshall 25, Rochester Mayo 24, Northfield 20, Red Wing 10, Winona 9, Wanamingo 7, Lake City 6, Waseca 6, Ellendale 6, Zumbrota 5, ...

100

- 1 Mark Lutz, Mayo 10.5
- 2 Don Weber, Austin 10.7
- 3 Phil Olson, Northfield 10.7
- 4 Hexum, Roch. JM 11.0
- 5 Gangen, Wanamingo 11.2

220

- 1 Mark Lutz, Mayo 22.6
- 2 Don Weber, Austin 23.2
- 3 Phil Olson, Northfield 23.5
- 4 Lovestedt, Roch. JM 23.7
- 5 Weiler, Albert Lea 23.8

440

- 1 Rick Hexum, Roch JM 51.0
- 2 Jim Arnold, Janesville 51.5
- 3 Peters, LeRoy 52.0
- 4 Peterson, Austin 52.3
- 5 Evert, Zumbrota 53.6

880

- 1 Tom Reuter, Roch JM 2:01.7
- 2 Dave Vanderbrake, Albert Lea 2:01.9
- 3 Koelsch, Roch JM 2:02.2
- 4 Nystuen, Kenyon 2:03.1
- 5 Chuck Hines, Austin 2:03.2

Mile

- 1 Gene Heffern, Austin 4:27.8
- 2 Tim Peterson, Albert Lea 4:32.6
- 3 Evert, Zumbrota 4:35.5
- 4 Lyndgaard, New Richland 4:41.3
- 5 Phipps, Elgin 4:41.9

High Hurdles

- 1 Mark Owens, Austin 15.4
- 2 Gary Fritze, Hafield 15.5
- 3 Nordsving, Winona 15.6
- 4 Schultz, Mayo 15.7
- 5 Evert, Zumbrota 15.8

180 Yd. Low Hurdles

- 1 Bob Schultz, Mayo 21.3
- 2 Jim Bierman, Northfield 21.5
- 3 Christensen, Albert Lea 21.5
- 4 Fritze, Hayfield 21.9
- 5 Cappola, Red Wing 22.0

* Ties Meet Record

** New Meet Record

Notes:

880 Relay

- 1 Austin 1:33.0
- 2 Roch Mayo 1:33.6
- 3 Wanamingo 1:34.6
- 4 Spring Valley 1:36.4

Mile Relay

- 1 Roch. JM 3:31.5
- 2 Albert Lea 3:33.5
- 3 Owatonna 3:35.3
- 4 Spring Valley 3:40.3

Shot Put

- 1 Dave Snesrud, Red Wing 58-6 ½ **
- 2 Burt Flick, Lake City 49-8 ¼
- 3 Veldman, Albert Lea 48-8 ½
- 4 Hendrickson, Faribault 48-4
- 5 Ravenhorst, Albert Lea 47-5 ¼

Discus Throw

- 1 Rolf Iverson, Waseca 150-5
- 2 Bob Veldman, Albert Lea 145-6
- 3 Dave Snesrud, Red Wing 144-8 ½
- 4 Burt Flick, Lake City 131-6 ½
- 5 Wilson, Austin 129-11 ½

Long Jump

- 1 Nat Ferrell, Northfield 21-2
- 2 Jeff Bunke, Rushford 20-10 ¼
- 3 Tangen, Wanamingo 20-10
- 4 Richardson, Plainview 20-0 ¼
- 5 Yennie, Byron 19-10

High Jump

- 1 Steve Wayne, Ellendale 5-10
- 2 Gary Jacobson, Austin 5-10
- 3 Wagner, Wykoff 5-6
- 4 Stenson, Cannon Falls 5-6
- 5 Van Deboom, Medford 5-6
- 5 Bunk, Rushford 5-6

Pole Vault

- 1 Al Nordsving, Winona 12-4 ¼
- 2 Dennis Tuberty, Albert Lea 12-0
- 3 Albers, Northfield 11-6
- 4 Marx, LaCrescent 11-6
- 5 Boyette, Northfield 11-6