

1964 Region 1 Championship

at Faribault, Friday, May 29, 1964

Teams: Rochester John Marshall 40 1/3, Faribault 26, Austin 23, Albert Lea 22 1/3, Northfield 17, Lake City 17, Zumbrota 13, Peterson 9 1/3, Owatonna 7, Lanesboro 6, Harmony 6, Mabel 6, New Richland 4, Blooming Prairie 3, Wykoff 3, Kasson-Mantorville 3, Winona 2, Stewartville 2, Grand Meadow 2, Waseca 1, Kenyon 1.

100

- 1 Bob Wallace, Lake City 10.0
- 2 Jim Ohnstad, Faribault
- 3 Jerry Braun, Rochester JM
- 4 Slater, Northfield
- 5 Rein, Lanesboro

220

- 1 Jim Ohnstad, Faribault 22.3
- 2 Bob Wallace, Lake City
- 3 Dave Morris, Rochester JM
- 4 Rein, Lanesboro
- 5 Ask, Lanesboro

440

- 1 Lee Underwood, Austin 51.9
- 2 Ruehmann, Mabel
- 3 Reynen, Albert Lea
- 4 Vic Nelson, Rochester JM
- 5 Hanson, Winona

880

- 1 Len Nelson, Faribault 2:00.6
- 2 Gillen, Lake City
- 3 Heins, Austin
- 4 Johnson, Austin
- 5 Baihly, Rochester JM

Mile

- 1 Dave Heffern, Austin 4:25.3
- 2 Aldorfer, Northfield
- 3 Hallberg, Rochester JM
- 4 Lewis, Austin
- 5 Wrolstad, Kenyon

High Hurdles

- 1 Rich Field, Rochester JM 15.3
- 2 Dragsten, Faribault
- 3 Chase, Owatonna
- 4 Johnson, Albert Lea
- 5 Kruckeberg, Blooming Prairie

180 Yd. Low Hurdles

- 1 Dave Nelson, Rochester JM 20.1 **
- 2 Rich Field, Rochester JM 20.2
- 3 Chase, Owatonna
- 4 Kruckeberg, Blooming Prairie
- 5 Gudmundson, Peterson

* Ties Meet Record

** New Meet Record

880 Relay

- 1 Rochester JM 1:31.9 ** (Nelson, Braun, Field, Morris)
- 2 Faribault
- 3 Austin
- 4 Lanesboro

Mile Relay

- 1 Rochester JM 3:31.4 (Andrew, Hinds, V. Nelson, D. Nelson)
- 2 Northfield
- 3 Austin
- 4 Mabel

Shot Put

- 1 Rick Jahns, Albert Lea 50-6 1/2
- 2 Clare, Lake City
- 3 John Ferden, Peterson
- 4 Anderson, Northfield
- 5 Marshall, Owatonna

Discus Throw

- 1 John Ferden, Peterson 147-11
- 2 Rick Jahns, Albert Lea
- 3 Nygaard, Zumbrota
- 4 Johnston, Stewartville
- 5 Hutcher, Harmony

Broad Jump

- 1 Carroll Armstrong, Harmony 20-2 1/2
- 2 Jim Ohnstad, Faribault
- 3 Nelson, Rochester JM
- 4 Elling, Albert Lea
- 5 Ryland, Northfield

High Jump

- 1 Norm Ayen, Zumbrota 6-0
- 2 Haugen, New Richland
- 3 Anderson, Wykoff
- 4 Sam Bailey, Winona
- 5 Hatlevig, Peterson; Peterson, Albert Lea; and Cranston, Rochester JM.

Pole Vault

- 1 Pete Sandberg, Zumbrota 12-3 1/2 **
- 2 Carol, Northfield
- 3 Olson, Kasson-M
- 4 Hanson, Grand Meadow
- 5 Mattson, Rochester JM

Notes: Rochester was coached by Clyde Ridenour.